

## Contemplative Time

Do you yearn for rest, prayer and nurturing in your busy schedule?

What would your life look like if you gave yourself two retreat opportunities and six quiet afternoons during the year?

Silence, spiritual direction and *lectio divina* are available to aid your reflection. If you desire less structure, that is also an option as well

## Presenters & Spiritual Directors

### Monika Ellis, OSB

Retreat and Spiritual Director  
Masters in Education

### Therese Gonneville, OSB

Retreat and Spiritual Director  
Masters in Pastoral Theology

### Mary Giles Mailhot, OSB

Retreat and Spiritual Director  
Masters in Religious Studies

### Laura Swan, OSB

Retreat and Spiritual Director  
Masters in Theological Studies  
Masters in Church Ministry & Renewal

### Postulant Tricia Burns

Master of Arts in Pastoral Ministry

### Lucy Wynkoop, OSB

Retreat and Spiritual Director  
Masters in Theology, concentration in Scripture  
Masters in Theology, concentration in Monastic Studies



## Retreat - October 16-18, 2019

Retreat on Wednesday, 7:15pm - Friday, 1:00pm.

A spiritual director will work with you during your retreat time.

Retreat :  
Thursday, Oct. 17  
9:00-11:30am

### Boundless Compassion

Joyce Rupp

Days 1-2pp 42-51

Postulant Tricia Burns



## Retreat - March 18-20, 2020

Retreat on Wednesday, 7:15pm - Friday, 1:00pm

A spiritual director will work with you during your retreat time.

Retreat: Thursday, March 19  
9:00-11:30am

### Boundless Compassion

Joyce Rupp

Create a Cup  
of Compassion

Sister Monika



## Monthly Sessions:

### Third Thursday, 1:30-7:15pm

The format will include contemplative quiet, spiritual direction, spiritual nourishment, small group prayer, liturgical prayer and dinner with the Sisters.

We will have a small group prayer process with each monthly session: 3:30-4:45pm and reflect on Joyce Rupp's **Boundless Compassion**.

September 19, 2019 Ch 1 pp 12-40  
S Lucy

November 21, 2019 Ch 2 pp 52-67  
P Tricia

January 16, 2020 Ch 3 pp 70-97  
S Monika

February 20, 2020 Ch 4 pp 100-128  
S Laura

April 16, 2020 Ch 5 pp 130-157  
S Mary Giles

May 21, 2020 Ch 6 pp 160-188  
S Therese

## My House Shall Be Called a House of Prayer

"And can my heart become  
the house of prayer  
Where the silence of God  
softens the clamor..."

## Costs and Registration Process

The cost program is \$1050  
\$100 deposit due August 1, 2018 will be deducted from the cost of the program.

Payment options:

Pay in full by September 19, 2019  
or  
Pay half by September 19, 2019 &  
January 16, 2020

If you need an alternative plan, contact Sister Lucy.

Please register online. **We accept cash & check. We take most major credit cards online.** Your payments will be recorded and you will receive an emailed statement.

**Register early to secure your place.** If you are unable to register online, kindly contact The Priory Spirituality Center.

Please purchase: Joyce Rupp's Boundless Compassion Prayers of Boundless Compassion—optional

## The Priory Spirituality Center

**500 College Street NE  
Lacey, WA 98516-5339**

Phone: (360) 438-2595

Fax: (360) 438-9236

E-mail: [prioryprograms@stplacid.org](mailto:prioryprograms@stplacid.org)

[www.stplacid.org](http://www.stplacid.org)

### Directions

Traveling South on I-5

- Take **Exit 109**
- Right onto Martin Way
- Right at next light onto College St. NE
- Right at the second driveway on the right

Traveling North on I-5

- Take **Exit 109**
- Left onto Martin Way
- Right at second light onto College St. NE
- Right at the second driveway on the right



Monika Ellis, OSB



Tricia Burns



Therese Gonneville, OSB



Mary Giles Mailhot, OSB



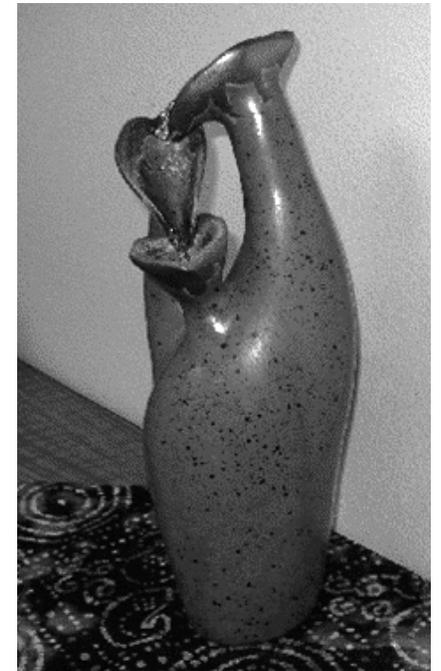
Laura Swan, OSB



Lucy Wynkoop, OSB

# Oasis 2019-20

Contemplative  
Time on Thursdays



BENEDICTINE  
SISTERS *St. Placid Priory*

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