

**Application and Interview for Listening with the Spirit:
Spiritual Direction Formation Program 2021-2023**

The Priory Spirituality Center
500 College Street NE
Lacey, WA 98516-5339
Sister Lucy Wynkoop: (360) 438-2595
E-mail: lucywynkoop@gmail.com

Please prepare two copies of the application and Spiritual Autobiography for interview.

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone: _____ Cell Phone: _____

Evening Phone: _____

E-mail: _____

Religious Affiliation _____

Spiritual Direction/Companioning

How many years have you been in spiritual direction with a trained spiritual director?

Are you presently in a spiritual direction or companioning relationship? Yes No

How would you describe this spiritual direction relationship or past relationships?

Do others come to you asking you to listen to them about their spiritual life?

Describe or give an example of a meaningful listening connection from someone who has shared their spiritual life with you.

Review the qualities to be considered for spiritual directors and **give an example of an area of strength in personal integration and an area of competence and a growing edge in each area at your interview:**

Qualities to be Considered for Spiritual Directors

Areas of Personal Integration:

- ability to be present and available to meet the other and to be met-- i.e. present to myself and the other
- ability to trust one's inner responses to what the directee is saying
- ability to aid another to come to a greater interiority and reflectiveness in all the events of the individual's life
- ability to recognize and value the meaningful events in the integration of a person's life
- ability to discern the movement and direction in inner experience
- capacity and ability to make good and sound assessments about where another is, his/her growing edges and issues

Give an example of one area of strength and one growing edge from the list above:

Areas of Competence:

- ability to observe and take note of body language as a means of communication
- ability to listen and to hear what another is saying or trying to say
- ability to pick up feeling and emotional tone of another
- ability to pick up the energy of the directee and to find its tone and direction
- ability to aid another to recognize and name inner experiences
- ability to challenge and confront
- ability to encourage and support honesty
- ability to leave aside role
- ability to recognize and to be comfortable with directee's resistance
- ability to learn various approaches and use them appropriately

Give an example of one area of strength and one growing edge from the list above:

What attracts you to the possibility of being a spiritual director or companion?

Describe your sense of call to spiritual direction ministry.

The focus of our program is "Listening with the Spirit." What does this mean to you in your lived experience?

Describe different types of prayer you are familiar with and pray with.

Describe your educational experiences in areas of personal and spiritual development. This would include but not be limited to spiritual classes, workshops, seminars, degrees related to religion, faith development and spirituality.

What is your background in studying scripture, theology and psychology? These areas of study are not a requirement, only helpful where they serve you in spiritual development.

What faith tradition(s) have you experienced and what tradition are you currently practicing?

What was your experience of a silent retreat?

Give an example of how you are living out God's will.

Describe your understanding of your discernment (ability to listen to the Holy Spirit with capacity to choose between multiplicity of possibilities) to be a spiritual director?

To the best of your knowledge do you have any life issues that may require time or energy that would keep you from participating in some part of LWS?

Have you taken the Myers-Briggs personality inventory? If so, what is your Myers-Briggs type and how does that inform who you are?

Have you studied the Enneagram. If so, what is your Enneagram number and how does it inform who you are? (If you have not, consider this class: **Introduction to the Enneagram, offered April 10, 2021**)

Spiritual Autobiography

In 4-6 pages double-spaced, do a brief spiritual autobiographical sketch. Include these elements in a descriptive and heartfelt way:

- Any significant spiritual experiences that has made an impact on your growth during childhood, adolescence, young adulthood, and middle and older years and what you learned from the experience?
- Your image of and relationship with God and your prayer style.
- Your experience of spiritual direction/companionship and its significance in your life.
- Whatever else you feel is relevant.

Please bring 2 copies of the application and Spiritual Autobiography – one for each facilitator – to the interview.

OTHER RELEVANT INFORMATION

- Spiritual Direction
 - If you do not have a spiritual director at this time, please call us for a list of local spiritual directors or look on Spiritual Directors International (SDI) “Seek and Find Guide”. Being in a spiritual direction relationship for at least 6 months with a trained spiritual director is a requirement of this program.
 - While in the program, we recommend a minimum of once a month for the duration of the program.
- Fees: Program cost has been \$4,100 (Year 1 \$2,000; Year 2 \$2,100). At this time, we do not expect this to change.

- Process
 - Submit all information, plus a \$100 non-refundable application fee with a check made out to The Priory Spirituality Center, electronically or by mail.

Address:
Sister Lucy Wynkoop
The Priory Spirituality Center (LWS)
500 College Street NE
Lacey, WA 98516-5339
 - Once accepted and after you send in your intent to join us, you will need to pay a \$100 deposit for the year. You will be sent a payment plan form to complete.
 - Application materials may be submitted as soon as completed and interviews will be scheduled in Spring 2021, usually February-May.
 - The LWS program requires a minimum of 10 participants and a maximum of 16 participants. Because the program is dependent on the number of participants, we will let you know of your acceptance by June 2021.
 - If you have questions about the application form/process or the program, please contact Sister Lucy Wynkoop at (360) 438-2595 or lucywynkoop@gmail.com.
- Retreat Requirement
 - Before beginning this program, you need to have made at least one silent weekend retreat somewhere. As a contemplative program, we value cultivating silence into our lives.
 - The Priory Spirituality Center is available for a silent retreat depending on COVID-19 and safety in doing a silent retreat.
- References for “Listening with the Spirit” – The Priory Spirituality Center’s Spiritual Direction Formation Program
 - Please ask **2 people**, from 2 separate categories below, to send references directly to us (see separate forms). These might be:
 - a person with whom you work or with whom you have worked who understands spiritual formation
 - a friend who knows you well and is especially aware of your spiritual life
 - your spiritual director
 - current or former teacher who understands spiritual formation

Letter of Reference for “Listening with the Spirit”

The Priory Spirituality Center’s
Spiritual Direction Formation Program

Dear _____,

I am applying for “Listening with the Spirit” where I am exploring becoming a spiritual director at the Priory Spirituality Center. Would you kindly write me a letter of recommendation taking into account the criteria below:

Qualities to be Considered for Spiritual Directors

Areas of Personal Integration:

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Areas of Competence:

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- ability to encourage and support honesty
- ability to leave aside role
- ability to recognize and to be comfortable with directee's resistance
- ability to learn various approaches and use them appropriately

Describe the applicant's strengths, limitations, ability to listen, and their level of commitment to follow through on the goals they have set for themselves. Please comment on their readiness for a two-year formation commitment.

Please submit the reference letter to the program facilitators for LWS formation program inviting them to send their letter to this address below or to the emails provided:

Sister Lucy Wynkoop and Dr. Mary Pandiani
The Priory Spirituality Center (LWS)
500 College Street NE
Lacey, WA 98516-5339

lucywynkoop@gmail.com and mapandiani@gmail.com